## Women

Female participation in team sports has come a long way since the passage of Title IX legislation in 1972. Notably the sports of basketball, soccer/futbol, volleyball and softball come to the fore. Lacrosse and now hockey are also making headway, though appealing to a more limited number of females. Individual contributor sports tallied into team results (i.e. bowling, golf, gymnastics, etc.) also attract many women players. ICE SOCCER offers school administrators another application for Title IX sports compliance.

## Maybe You'll Get Into It Before the Guys Do

ICE SOCCER presents a non-contact on-ice team sport that offers incredibly fast and exciting action ... a great aerobic and core workout when played competitively. And for the soccer/futbol player who wants a slightly different slant on her sport, playing it on ice is a great alternative ... especially on an indoor ice rink when the outside temperature is 90+ degrees or, conversely, when ice and snow make outdoor soccer/futbol impossible.

Besides, ICE SOCCER is easy to learn and fun to play. It provides affiliation, bonding and a channel for energy. It's great for a "girls' night out." And the thrills and spills in playing the game will be something you can all talk about, laugh about and enjoy. Outfitting yourselves with broomball shoes and protective gear, at retail price, can be had for under \$175 (Jan. 2018 prices).

## **LEARN MORE** by clicking on each of the following links:

- hear what TV Survivors show participant Lisa Keiffer thinks about ICE SOCCER unrehearsed and unedited comments immediately following a game
   <u>http://icesoccer.com/in-play-videos.html?video=2</u>
- learn some of the rules ("Basic Rules") => <u>http://icesoccer.com/pdf/basic-rules.pdf</u>
- watch "Video Clips of ICE SOCCER in Play" (Traverse City)
  => <u>http://icesoccer.com/ice\_soccer\_in\_play.html</u>
- read "ICE SOCCER Falls and Risks" => <u>http://icesoccer.com/pdf/falls.pdf</u>

## **ACTION** you can take:

- **Contact** your local school officials and ask that ICE SOCCER be included as a club/intramural sport
- **Expect** naysayers who haven't taken time to understand the sport
- Ask your municipal recreation planners to include ICE SOCCER in their offerings
- **Propose starting** a company club or league to your employer's fitness or recreation coordinator
- Ask local, regional and national offices of women's organizations such as Girl Scouts, Big Sisters, YWCA, etc. to broadcast it to members and encourage local groups to offer it

- **Bring** ICE SOCCER to the attention of women sports advocacy groups **and ask** their support in developing interest/awareness
- Buy a Boot'r and begin neighborhood/family play on frozen lakes/ponds or at the local ice rink => <u>http://icesoccer.com/bootr.html</u>
- **Rent** ice time in your local rink and have your current soccer, softball, volleyball team members try it